

**Program Development
March**

Activities in response to COVID-19	<u>Staff Initials</u>	
Delivered home delivered meals to the communities of: Montevideo, Westbrook, Pipestone, Worthington.	MP, BC	
Submitted information for statewide Covid-19 response website: helpolderadultsmn.org	KE, KM, MP, BC	
Wrote and submitted Minnesota Council of Foundations grant application	BC	
Listened to weekly Governor's call for nonprofits	KE, BC, KM	
Participated in Minnesota Board on Aging (MBA) led conference call regarding Covid-19 responses	BC	
Participated in National Council on Aging webinar about delivering virtual evidence-based health promotion programs during COVID-19	KE, KM	
Compiled a list of virtual exercise resources for older adults and tips for staying mentally active during social distancing to share with partners and staff	KE	
Compiled a list of virtual exercise resources for MNRAAA staff on behalf of Wellness and Engagement Committee	KE	
Developed a resource of strategies to maintain safe social connectedness and shared with networks/providers and internal staff	MP, BC, KE, KM	
Referred an Assisted Living to Senior LinkAge Line to answer questions about admissions during Covid-19	MP	
Shared MNRAAA's resources with providers	MP, BC, KM	
Participated in webinar: "COVID-19 & Aging Services: How Community Based Organizations and State Agencies can adapt."	KM	
Area Plan	<u>Strategic Priority</u>	<u>Staff Initials</u>
Goal 1: Leverage the experience, expertise and energy of older Minnesotans		
Compiled sample social media plan and resources for MNRAAA's volunteer coordinator and social media team to use during National Volunteer Week	1.1	KE
Completed a PowerPoint presentation on resources for aging employees and working caregivers for engaging employers	1.2	KE, KM
Created an outline and PowerPoint for a webinar version of the employer presentation to pilot with the Minnesota Council of Nonprofits in April	1.2	KE, MP
Goal 2: Equip older Minnesotans with the tools to take charge of their health and make informed decisions about services when they need them		
Provided technical assistance to Prairie Five Community Action Council for general grant applications	2.2	BC
Met with Ortonville Area Health Services staff to plan Aging Mastery series	2.2	BC

Shared evidence-based health promotion program gaps document with Community Living Specialist so they can direct consumers to known resources in our region	2.1	KE
Wrote and submitted an Otto Bremer Trust grant to fund evidence-based health promotion program leader trainings and service delivery organization startup costs in our region for 2021	2.1	KE
Recruited Windom Area Health as a new Title III-D mini grantee to deliver Tai Ji Quan classes in Cottonwood County	2.1	KE
Staffed and participated in Tai Ji Quan leader training in Mankato that resulted in 10 new Tai Ji Quan leaders in our region	2.1	KE
Participated in a call with ACE of SW MN and new Spanish-speaking evidence-based health program leaders to discuss future class plans	2.2	KE
Facilitated Live Well At Home Rapid Screen in St. James.	2.1	KM
Presented on MNRAAA and Senior LinkAge Line caregiver resources to the Sertoma Club in St. James.	2.2	KM
Promoted Aging Mastery Program in Madelia	2.2	KM
Established contact with Good Counsel Learning Center to promote adult literacy programming for ethnic minorities.	2.2	KM
Goal 3: Support families and friends in their caregiving roles		
Participated in monthly MBA Respite Coalition call	3.2; EDP Section 1A	BC, MP, KE
Created an outline for a webinar version of the employer presentation to pilot with the Minnesota Council of Nonprofits in April	3.4	KE, MP
Engaged staff from Centro Tyrone Guzman in Minneapolis to share with PD&C team tips for implementing Spanish REST and Dementia Friends programs	3.4	KE
Assisted memory care providers in developing a Memory Café to serve Blue Earth, Nicollet and Le Sueur county citizens	AP 3.2; EDP Section 2A	KM
Participated in Mankato area Senior Providers Network meeting		KM
Goal 4: Support aging in community with access to a range of services and housing options		
Facilitated Milan Community Leadership Team	4.4; EDP Section 1B	BC
Facilitated addition of Echo to SW Initiative Fund Age-Friendly Community grant process, community survey tool distributed, Community Leadership Team recruited	4.4; EDP Section 1B	BC
Shared information about Senior LinkAge Line with Willmar Diabetes Coalition members	4.3	KE
Created PowerPoint about Age-Friendly Community project	4.4; EDP Section 1B	BC
Provided additional grant resources to Tyler and Adrian Age-Friendly Community Leadership Teams	4.4	MP
Participated in River Valleys' Continuum of Care multi-county housing consortium	4.4	KM

Eldercare Development Partnership	<u>Staff Initials</u>
Participated in Eldercare Development Partnership Stakeholder meeting	MP, KM, BC
Section 1A – Chore	
Provided technical assistance to Rock Opportunity Council regarding their chore program and measures they should take to continually to offer service especially to high risk Covid-19 individuals	MP
Section 1A – Respite and/or Caregiver Services	
Completed the Dementia Capability Training for Caregiver Consultant Certification	MP
Follow up with Caregiver Consultants to obtain certificates from required trainings	MP
Provider caregiver resources to Alzheimer’s meeting group in St. Peter.	KM
Presented on REACH and REST programs to Pre-Admission screening employees of MNRAAA.	KM
Collaborated with Mankato/North Mankato Act on Alzheimer’s to host House of Memories presentation; promoted to local county Historical Societies (Blue Earth, Brown, Nicollet, Waseca.)	KM
Attended Marshall Dementia Awareness Network virtual meeting, providers collaborated to put together a resource list for older adults	MP
Section 1A – Transportation	
Participated in Mid-MN Regional Transportation Coordination Council conference call meeting	BC
Participated in the Mankato/North Mankato Area Planning Organization (MAPO) Regional Transportation Coordination Council conference call meeting	KM
Participated in the Marshall Transportation Advisory Council virtual meeting	MP
Participated in SW Regional Transportation Coordination Council conference call meeting	MP
Attended State Health Improvement Program (SHIP) meeting (Lyon, Lincoln, Redwood Counties) and promoted Title III-B funding with United Community Action Partnership’s Assisting Seniors on the Go and Age-Friendly Projects	MP
Section 1A – Housing for at risk individuals/ Community Aging in Place – Advancing Better Living for Elders (CAPABLE) / Veteran Directed Care (VDC)	
Section 1B – Social Participation/ Horn of African Aid and Rehabilitation Action Network (HAARAN)	
Participated in development of program services for Somali participants	KM
Section 1B – Age-Friendly Communities	
Reported under Area Plan, Goal 4.4	

Section 2A – Technical Assistance for existing programs	
Provided technical assistance to Atwater Living at Home Block Nurse Program for current Live Well at Home (LWAH) grant	BC
Promoted vision loss services for use at home	BC
Participated in MN Dept. of Commerce Financial Fraud presentation in Kerkhoven, 45 attendees	BC
Provided technical assistance to Prairie Ally by connecting them to ACE of Rock County to partner on a potential grant funded project to involved older adults.	MP
Provided technical assistance to Redwood County Dementia Area Network by providing a virtual option for their monthly meeting.	MP
Provided technical assistance to Balaton Care Center to review their repurpose plan	MP
Section 2B – Outreach and Technical Assistance for LWAH and Dementia applications	
Participated in MBA’s LWAH and Dementia responder’s calls	BC, MP KM
Provided technical assistance to Benson Dementia Network for Dementia grant application	BC
Provided technical assistance to Atwater Living at Home Block Nurse Program for LWAH application	BC
Provided technical assistance to Waseca Area Caregivers program for LWAH grant application.	KM
Section 3 – Staff development, Stakeholder Meeting and Statewide Meetings	
Attended MN Council of Nonprofits Greater MN Summit in Marshall	MP, BC
Attended Title VI Cluster Training at Red Lake	BC
Virtual training on working with Pacific Islanders	BC
Attended MBA Nutrition Call	MP
Participated in MBA Caregiver Call	KM, MP
Participated in MBA monthly Transportation call	BC
Juniper / Innovations for Aging	
Collected and reported evidence-based health promotion programs cancelled in our region due to COVID-19 to Juniper network	KE
Identified and prepared two partners (ACE of SW MN and VINE Faith in Action) to pilot virtual Living Well with Diabetes classes through the Juniper network in early May	KE
Reviewed and updated the list of trained evidence-based leaders in our region for the Juniper website	KE
Collaborated with other Juniper Program Developers to create a toolkit outline for new service delivery organizations	KE
Conducted check-in phone calls and emails with current Juniper service delivery organizations to discuss how their services have changed and resources they need to deliver essential services during COVID-19 pandemic	KE
Met with Meeker County Public Health to discuss past experience with the Juniper network and ideas for reengaging partners in this work	KE