

Title III Service	Unit	MBA Service Definition	Registered	MNRAAA Priority
Self-Directed Caregiver Support Services	N/A	Services and supports directly chosen and purchased by an individual through using an individual budget allocation to meet their identified caregiver support service needs.	Yes	No
Caregiver Counseling	Hours (partial hour may be reported to two decimal places, e.g., 0.25 hours.)	A service designed to support caregivers and assist them in their decision-making and problem solving. Counselors are service providers that are degreed and/or credentialed as required by state policy, trained to work with older adults and families and specifically to understand and address the complex physical, behavioral and emotional problems related to their caregiver roles. Title III-E funded Caregiver Consultants will conduct a Caregiver Minimum Assessment with caregivers receiving ongoing support. Caregiver Consultants meet the Minnesota Board on Aging Title III-E Caregiver Consultant Standards and Competencies. This includes counseling to individuals or group sessions. Counseling is a separate function apart from support group activities or training.	Yes	Yes
Caregiver Support Groups	1 session	A service that is led by a trained individual, moderator, or professional, as required by state policy, (moderators should have experience working with family, friends and/or neighbors caregiving	Yes	Yes

		<p>and older adults, strong interpersonal skills, and access to regular supervision or consultation from a trained professional with comparable training or experience), to facilitate caregivers to discuss their common experiences and concerns and develop a mutual support system. Support groups are typically held on a regularly scheduled basis and may be conducted in person, over the telephone, or online. For the purposes of Title III-E funding, caregiver support groups would not include “caregiver education groups,” “peer-to-peer support groups,” or other groups primarily aimed at teaching skills or meeting on an informal basis without a facilitator that possesses training and/or credentials as required by state policy. (See also definitions for training and counseling).</p>		
<p>Caregiver Training</p>	<p>Hours (partial hour may be reported to two decimal places, e.g. 0.25 hours.)</p>	<p>A service that provides caregivers with instruction to improve knowledge and performance of specific skills relating to their caregiving roles and responsibilities and builds caregiver capacity to provide, manage and cope with the caregiving role. Skills may include activities related to health, nutrition, and financial management; providing personal care; disease management; managing risk factors; mental health; navigating</p>	<p>Yes</p>	<p>Yes</p>

		long-term care systems and communicating with health care providers and other family members. Training may include use of evidence-based programs; be conducted in-person or on-line, and be provided in individual or group settings.		
Caregiver Respite	Hours (partial hour may be reported to two decimal places, e.g., 0.25 hours.)	A service which offers temporary, substitute supports, care, supervision or living arrangements for care recipients. It provides a brief period of relief or rest for caregivers.	Yes	Yes
Caregiver Respite in Home	Hours (partial hour may be reported to two decimal places, e.g., 0.25 hours.)	<p>A respite service provided in the home of the caregiver or care receiver and allows the caregiver time away to do other activities.</p> <p>During such respite, other activities can occur which may offer additional support to either the caregiver or care receiver, including homemaker or personal care services. Trained volunteers may be utilized to provide companionship respite (e.g., assistance with meals, medication reminders and general supervision). Respite volunteers are screened and trained, per Minnesota State Policy, and matched with older adults and supervised by provider.</p>	Yes	Yes
Caregiver Respite Out of Home Day	Hours (partial hour	A respite service provided in settings other than the caregiver/care receiver's	Yes	Yes

	may be reported to two decimal places, e.g., 0.25 hours.)	home, including adult day care, senior center or other non-residential setting (in the case of older relatives raising children, day camps), where an overnight stay does not occur that allows the caregiver time away to do other activities. This option may be provided on a group or individual basis and includes licensed Adult Day Services, licensed adult foster care, a senior center, services by a family, friend, neighbor, or volunteer in a non-licensed private residence, or escorted transportation to medical appointments or community activities.		
Caregiver Respite – Out- of-Home Overnight	Hours (partial hour may be reported to two decimal places, e.g., 0.25 hours.)	A respite service provided in residential settings such as nursing homes, assisted living facilities, and adult foster homes (or, in the case of older relatives raising children, summer camps), in which the care receiver resides in the facility (on a temporary basis) for a full 24 hour period of time. This includes services provided in a licensed nursing facility, hospital, or registered housing site that has services provided by a licensed home care agency. The service provides the caregiver with time away to do other activities.	Yes	Yes
Caregiver Respite – Other Respite	Hours (partial hour may be reported	A respite service provided using Older Americans Act funds in whole or in part, that does not fall into the previously defined respite	Yes	Yes

	to two decimal places, e.g., 0.25 hours.)	service categories. Services must contain structured activities, facilitated by an experienced individual. Services may include: virtual respite (may include but is not limited to virtual reality (VR) experiences, virtual tours, and virtual concerts, customized experiences, interactive storytelling, music activities).		
Supplemental Services No more than 20% of the allocation for Supplemental Services as defined in 45 CFR Part 1321.91 (a)(4) and (5).	N/A	Services provided on a limited basis to ease the burden of care or to complement the care provided by caregivers. Domains for “supplemental services” provided under Title III-E include: <input type="checkbox"/> Assistive technology/durable equipment/emergency response <input type="checkbox"/> Consumable supplies <input type="checkbox"/> Home modifications/repairs <input type="checkbox"/> Legal and/or financial consultation <input type="checkbox"/> Homemaker/chore/personal care <input type="checkbox"/> Transportation <input type="checkbox"/> Nutrition services <input type="checkbox"/> Other	Yes	No
Caregiver Assistance – Information and Assistance	1 contact	A service that links the individuals to opportunities and services that are available. To the maximum extent practicable, ensures	No	No

		<p>that the individuals receive the services needed by the individuals, and are aware of the opportunities available to the individuals, by establishing adequate follow-up procedures.</p> <p>Information and Assistance Caregiver:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Provides the individuals with current information on opportunities and services available to the individuals within their communities, including information relating to assistive technology; <input type="checkbox"/> Assesses the problems and capacities of the individuals; and <input type="checkbox"/> Serves the entire community of older individuals particularly — caregivers who are older individuals with greatest social need; older individuals with greatest economic need; older relative caregivers of children with severe disabilities, or individuals with disabilities who have severe disabilities; family caregivers who provide care for individuals with Alzheimer’s disease and related disorders with neurological and organic brain dysfunction; and caregivers of “frail” individuals defined as: unable to perform at least two activities of daily living without substantial human assistance, including verbal 		
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		reminding, physical cueing, or supervision; and/or cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or to another individual.		
Caregiver Public Information Services	1 activity	A public and media activity that conveys information to caregivers about available statewide services, which can include an in-person interactive presentation to the public conducted; a booth/exhibit at a fair, conference, or other public event; and a radio, TV, or Web site event. Unlike Caregiver Assistance – Information and Assistance, this service is not tailored to the needs of the individual.	No	No

No more than 10% of the allocation may be used for grandparents or older individuals who are relative caregivers of children who are not more than 18 years of age.